

CBD OIL 101

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IS IT RIGHT FOR YOU?

CBD is one of the non-toxic chemical compounds of the cannabis plant that doesn't play a role in the "high" feeling many people associate cannabis with.

CBD OIL FACTS:

No worries about getting "high" because of the low THC content.

Full of Cannabidiol, an antioxidant with tons of benefits.



Supports the endocannabinoid system in your body.

Hemp CBD oil is legal in all 50 states in the USA

THE BENEFITS:

The benefits of CBD oil are still being researched but they have the potential to help with:

- Anxiety
- Diabetes
- Epilepsy
- Seizure
- Pain
- Inflammation
- PTSD
- IBD/IBS
- Opioid withdrawal
- Taste depression
- Chronic pain
- Sleep
- Preventative health

FOR MORE INFO VISIT [KELLYSCHMIDTWELLNESS.COM](https://www.kellyschmidtwellness.com)
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