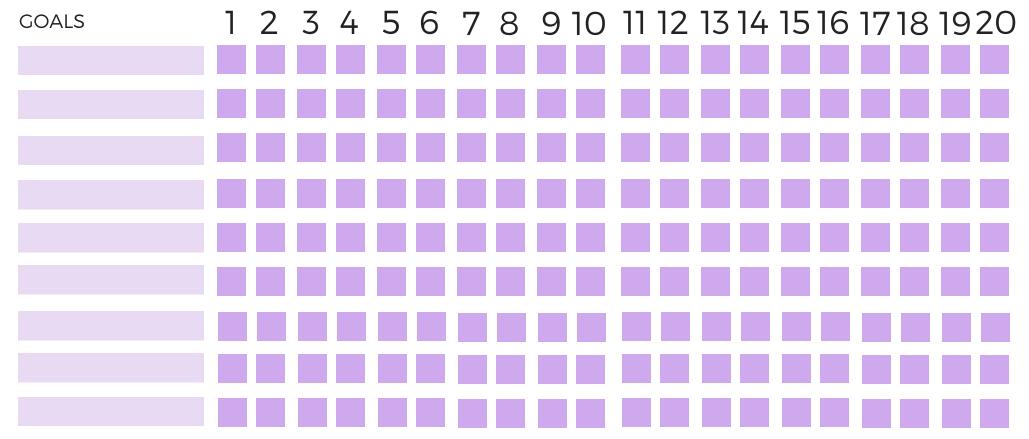
Self-Care Routine Tracker





20-Day Reflection

I DID WELL:	I

I ENJOYED:

AM STILL LEARNING	OTHER NOTES:

